“Parenting requires support ...
It really does take a village...
who will be your village?”

1525 KETCHER ST. BLDG C
TAHLEQUAH, OK 74464
OFFICE: (918) 453-5444
TOLL-FREE: 1 (866) 247-5346
www.childsupport.cherokee.org
The mission of Cherokee Nation Office of Child Support Services (CNOCSS) is to partner with you and other programs to ensure you have the services and resources needed to build a stable environment for your child that will instill success and promote self-sufficiency. Our services include establishing parentage through genetic testing, enforcing child support orders, free notary services for child support documents, client interview assessments which include referrals to other agencies and child support focused parenting classes as well as payment distribution. You can find more information on our program by visiting www.childsupport.cherokee.org or contacting us directly at (918) 453-5444.

The Cherokee Nation offers many services to its citizens and to other Native American tribes throughout its tribal jurisdiction in northeastern Oklahoma. These services include but are not limited to: Housing Authority of the Cherokee Nation, Community Services, Education, Health Services, Human Services, Commerce Services and Career Services.

These services often are designed to help citizens help themselves. The Cherokee Nation dedicates resources through both federal funding and tribal revenue to provide these and other services to the citizens who need them most. Please refer to each Division’s page or contact them directly to learn more about eligibility requirements for each one. You can also view more information at www.cherokee.org or the Cherokee Nation Facebook page.
# TABLE OF CONTENTS

## Resources Available Within Cherokee Nation

<table>
<thead>
<tr>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Services</td>
<td>1</td>
</tr>
<tr>
<td>Commerce</td>
<td>3</td>
</tr>
<tr>
<td>Education</td>
<td>5</td>
</tr>
<tr>
<td>Health</td>
<td>7</td>
</tr>
<tr>
<td>Housing Authority</td>
<td>11</td>
</tr>
<tr>
<td>Human Services</td>
<td>12</td>
</tr>
<tr>
<td>Indian Child Welfare</td>
<td>17</td>
</tr>
<tr>
<td>Judicial</td>
<td>20</td>
</tr>
<tr>
<td>Marshal Services</td>
<td>21</td>
</tr>
<tr>
<td>Real Estate</td>
<td>21</td>
</tr>
<tr>
<td>Tax Commission</td>
<td>22</td>
</tr>
<tr>
<td>Transportation Services</td>
<td>23</td>
</tr>
<tr>
<td>Registration/Photo ID</td>
<td>25</td>
</tr>
<tr>
<td>Victim Services</td>
<td>26</td>
</tr>
</tbody>
</table>

## Resources Available Outside of Cherokee Nation

<table>
<thead>
<tr>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult/Child Abuse and Neglect</td>
<td>28</td>
</tr>
<tr>
<td>Child Care</td>
<td>30</td>
</tr>
<tr>
<td>Clothing</td>
<td>30</td>
</tr>
<tr>
<td>Counseling</td>
<td>31</td>
</tr>
<tr>
<td>Disabilities</td>
<td>32</td>
</tr>
<tr>
<td>Domestic Violence</td>
<td>33</td>
</tr>
<tr>
<td>Education</td>
<td>34</td>
</tr>
<tr>
<td>Food Pantry</td>
<td>35</td>
</tr>
<tr>
<td>Employment</td>
<td>35</td>
</tr>
<tr>
<td>Health</td>
<td>35</td>
</tr>
<tr>
<td>Housing</td>
<td>37</td>
</tr>
<tr>
<td>Legal</td>
<td>38</td>
</tr>
<tr>
<td>Libraries</td>
<td>38</td>
</tr>
<tr>
<td>Shelters</td>
<td>39</td>
</tr>
<tr>
<td>Transportation</td>
<td>39</td>
</tr>
<tr>
<td>Volunteer Opportunities</td>
<td>39</td>
</tr>
<tr>
<td>Youth Activity Centers</td>
<td>40</td>
</tr>
<tr>
<td>Other</td>
<td>40</td>
</tr>
</tbody>
</table>
CAREER SERVICES

About Career Services:
The mission of the Career Services Group is to develop and encourage individuals to achieve and maintain work habits and skills that promote employability and self-sufficiency through programs that encompass education, training, rehabilitation and supportive services.

Vocational and Educational Programs

We offer several in-house training programs as well as assistance to those who are enrolled in vocational training or Associate of Applied Arts or Applied Science degree programs. For any information on these programs below contact Career Services.

- Career Tech Grant
- Career Literacy and Adult Education
- Native American Career Technology
- Classroom Training and Adult Vocational Training
- Surge Tech Program
- Vocational Rehabilitation
- Career Skills Education Class
- Talking Leaves Job Corps
- Building Trades

Reintegration Program

The Coming Home Reentry Program serves Cherokee Citizens who have been released from incarceration. Applications must be submitted within three months from the date of release. The program assists with employment and vocational services. For more information contact career services at 918-453-5555

Employment Programs

We have programs that can assist you in acquiring work experience, receive job specific training on the job, and provide you with assistance in your job search.

- On-the-Job Training
- Day Training
- Direct Employment
- Work Experience
- Cherokee Nation Fire dancers
Youth Programs

Career Services has educational, vocational, leadership and employment programs for youth aged 16-24, both summer specific and year round.

- Youth Leadership Intern Program
- Summer Youth Program
- Career Tech Grant (College Students)

Assessments and Certifications

Career Services can assist you in assessing your skills and interests, leading to good career choices. We utilize the TABE test for literacy and math skills, the Oklahoma Career Information System for career exploration, Work Keys for the career readiness certificate, and we provide GED testing.

“Take the initiative and we will support your efforts. Career planning tools, training programs, and educational opportunities are available to job seekers and current Cherokee Nation employees seeking a promising career with Cherokee Nation and its businesses. With Cherokee Nation, you can determine your own success and make a real difference.”

Career Services Field Offices

Main Office (Cherokee County) PH: (918) 453-5555 17675 S. Muskogee Ave. Tahlequah, Ok 74464

Bartlesville Office (Washington County) PH: (918) 256-4576 1003 SW Virginia Bartlesville, Ok 74003 (Answered at Vinita)

Claremore Office (Rogers County) PH: (918) 342-7450 23205 S. HWY 66 Claremore, Ok 74018

Jay Office (Delaware County) PH: (918) 253-3243 12th & Cherokee Jay, Ok 74343

Three Rivers Health Center (Muskogee County) PH: (918) 781-6427 1001 S. 41st E. Muskogee, Ok 74403

Pryor Office (Mayes County) PH: (918) 825-7988 2945 HWY 69A Pryor, Ok 74361
**Sallisaw Office (Sequoyah County)**
1502 W. Chickasaw
Sallisaw, Ok 74955
PH: (918) 776-0416

**Stilwell Office (Adair County)**
3rd & Oak
Stilwell, Ok 74960
PH: (918) 696-3124

**Tulsa Office (Tulsa County)**
10837 E. Marshall St., Suite 101
Tulsa, Ok 74116
PH: (918) 574-2749

**Vinita Health Clinic (Craig County)**
27371 S. 4410 Rd.
Vinita, Ok 74301
PH: (918) 256-4576

**West Siloam Springs (Delaware County)**
2416 U.S. 412
West Siloam Springs, Ok 74964
PH: (918) 422-6371

**Vocational Rehabilitation (Cherokee County)**
P.O. Box 948 Tahlequah, Ok 74465
PH: (918) 453-5004

**Career Literacy/Adult Education Center**
17822 South Muskogee Ave.
Tahlequah, Ok 74464
PH: (918) 458-0577

*Literacy Center also located in Claremore, Jay, Pryor, Sallisaw & Stilwell

**Tribal Employment Rights Office (TERO)**
PO Box 948 Tahlequah, Ok 74465
PH: (918) 453-5334

———

**COMMERCE**

**About Commerce:**

The commerce division is dedicated to helping build the economic security of Cherokee citizens and communities. Education and financial assistance is available to help Native Americans achieve their personal and business objectives.

Cherokee Nation Commerce Services Group dedicated to helping build the economic security of Cherokee citizens and communities. There are programs to build the assets of the Cherokee citizens, advance and encourage small business development and entrepreneurship, promotes artist development and encourages community tourism.
Self-Sufficiency Programs

The Cherokee Nation Self-Sufficiency Program is dedicated to building the assets of the Cherokee citizens by assisting participants through program services such as:

- Mortgage Assistance Program
- iSave
- Foreclosure Prevention Services
- Homebuyers’ Education Classes
- Financial Coaching
- Small Business Assistance Center
- Artist Development
- Free tax preparation

General Contact 918-453-5536 or email:sbac@cherokee.org

Community Youth and Adult Services

Community Services Youth Development is to increase community organizations, Cherokee citizenship and participation by exposing Cherokee youth to Cherokee communities and how they have survived and excelled through group or community actions.

- Cherokee Language Master/Apprentice Program
- Volunteer Program

Youth Community and Cultural Enrichment

This program promotes the learning of Cherokee culture, history, language and promotes community involvement through various activities and projects. It gives Cherokee youth the chance to learn about community organization and encourages them to be involved in designing, planning and completing community projects. The goal is to provide youth the chance to learn and carry-on the Cherokee tradition of honoring nature by searching for, gathering and preparing native and traditional plants.

General Contact 918-453-5347
**EDUCATION**

*About Education:*

The Cherokee Nation Education Services continues to fulfill its purpose of cultivating the development of skilled and knowledgeable Cherokees through operations of programs that focus resources on serving people of all ages, from early childhood to adulthood. Tribal citizens can benefit from services provided by these programs, both within and outside the Oklahoma public school system.

**Head Start – Early Childhood Unit**

The mission of the Early Childhood Unit is to bring about a greater degree of social competence in children who may be disadvantaged. The ECU’s approach is based on the philosophy that a child can benefit most from a comprehensive, interdisciplinary program to foster development and remedy problems through the involvement of the child’s entire family as well as community.

Cherokee Nation Early Childhood Unit offers two options: Head Start, a classroom environment promoting early childhood development stages; and Early Head Start, serving children aged 6 weeks to 3 years old.

**Early Head Start serves children ages 6 weeks to 3 years at centers in these areas:**
- Tahlequah – Cherry Tree
- Jay – Pryor
- Stilwell – Salina
- Nowata

**Head Start serves children ages 3 years to 5 years old at the following areas:**
- Brushy – Hulbert
- Inola – Kenwood
- Stilwell – Rocky Mountain
- Pryor – Salina
- Shady Grove – Tahlequah
- Webbers Falls – Zion

*For more information contact the Early Childhood Unit at (918)453-5757 also you can contact Chad Cochran at ext. 7629*
Immersion School

A language preservation program designed to revitalize the Cherokee language beginning with our children. For more information on how to apply and additional requirements contact the Immersion school at (918) 207-7597. Parents must apply in person.

Tribal Youth Council

The Cherokee Nation Tribal Youth Council’s purpose is to create future tribal leaders. Strive to act as a voice and role model for Cherokee youth. Promote the mental and physical well-being of our youth, develop peer programs, and participate in community service projects. Contact Education at (918) 453-5000

- At Large Tribal Youth Council
- Tribal Council

Scholarships

Students must be a Cherokee Nation tribal citizen and reside within the 14-county jurisdictional area or contiguous counties and attend an accredited public or private institution, unless otherwise noted. Proprietary institutions are not funded. If you live outside of the 14-county jurisdiction you must be PELL eligible.

- Concurrent Enrollment Scholarship
- Valedictorian & Salutatorian Scholarship (VS)
- Undergraduate Scholarship
- Graduate Scholarship
- Directed Studies (DS)

College Resources (918) 453-5000 ext. 5465 or email: collegeresources@cherokee.org

Outreach Program

The Cherokee Nation College Resource Center Outreach Program targets students ranging from 6th grade through college.

Arts Outreach

Arts programs for schools and community groups are offered through the Cherokee Arts Institute.

Camp Cherokee

In addition, the Cherokee Arts Institute includes programs in CAMP Cherokee. This summer camp features classes in arts, traditional Cherokee crafts and STEM for up to 350 students entering the 6th-12th grade and is typically held in late July. For more information about Camp Cherokee, please call (918) 453-5224 or visit the web site www.cherokee.org
Cherokee National Youth Choir
The Cherokee National Youth Choir performs traditional songs in the Cherokee language. The choir members are middle and high school youth between grades 7th through 11th; To schedule an audition or for more information, please contact Kathy Sierra 918-453-5638. You may also contact via e-mail at youthchoir@cherokee.org

Partners JOM
JOM - is designed to provide supplemental and/or operational support to public schools within Cherokee Nation boundaries serving eligible Indian students from three years of age through 12th grade. Each school district determines what services JOM may provide directly to the child- please contact child’s school district to determine what resources may be available.

General Contact 918-453-5465

HEALTH PROGRAMS

About Health Programs:
The Cherokee Nation operates a network of 8 health centers and one hospital throughout the Cherokee Nation. Other programs offered include EMS, Diabetes, Community Health, Cancer, Behavioral Health, the Jack Brown Center for youth and Cherokee Elder Care.

Behavioral Health Services
Cherokee Nation Behavioral Health Services offers a variety of programs. These include mental health services, substance abuse treatment, and community-based programs promoting mental health. Outpatient services include individual and group therapy, grief and trauma counseling, substance abuse counseling, relapse prevention, parenting skills for disorders of childhood, psychiatry, psychological testing, and crisis intervention. All Cherokee Nation Health Centers provide Behavior Health services. Availability vary by location. Child and Adolescent services in Tahlequah are provided at the HERO project.

Behavioral Health Adult Clinic PH: (918) 207-4977
1325 East Boone Tahlequah, Ok 74464

General Contact: behavioralhealth@cherokee.org (918)-453-5000 OR 1-800-256-0671
The HERO Project

The HERO Project is Cherokee Nation’s Children’s Behavioral Health Unit. Their goal is to support children, youth, families, and communities. They provide counseling and support services for families with children from newborn to 21 years old who are citizens of a federally recognized tribe. They offer the following:

- Therapeutic Services (Group, Family, Individual)
- Family Care Management (Help find resources child care, parenting classes, social services, etc.)
- Support for Parents and Caregivers (Triple P is one of the best parenting programs in the world also offer HERO Builders)
- Community Support (Child Wellness Action Team work to make big changes for children & families in their communities)

To get involved or learn more contact The HERO Project (918) 772-4004
The HERO Project Child Wellness Action Teams are available in Adair, Cherokee, Sequoyah, and Wagoner counties.

Cherokee Nation Cancer Programs

The CNBCCP offers clinical breast exams, screening mammography, diagnostic mammography, biopsies, breast ultrasound, diagnostic follow-up, Pap smear test, colposcopy, LEEP (a diagnostic procedure), community outreach and case management. Eligibility: Services available to Native American women ages 40-64 who are uninsured and are at or below 250 percent federal poverty level.

General Contact: 918-458-4491

Cancer Programs Cancer Registry

Cherokee Nation is the only tribe in the U.S with a cancer registry. The Registry was funded initially in 1997 by the National Cancer Institute’s Surveillance, Epidemiology and End Results (SEER) program. Among some of the information the registry collects are: type of cancer, stage of disease at the time of diagnosis (how far the cancer has advanced), and how and when cancer is diagnosed and treated. For further information regarding the Cancer Registry call:

- Ann Wheeler – (918) 453-5443
- Chrissy Marsh – (918) 453-5453 or email: chrissy-marsh@cherokee.org
- General Contact – 918-453-5000 ext. 5627 or email: health@cherokee.org
- Toll Free 877-458-4481
Emergency Medical Services

CNEMS is a state-licensed paramedic level ambulance service owned and operated by the Cherokee Nation serving people in Cherokee, southern Delaware, northern Sequoyah and western Adair counties. CNEMS consists of three major components: ambulance services, communications and training.

 Administrative Office: 918-453-5200
 Toll-Free: 1-888-238-7551
 Emergency Service: Dial 911

Health Centers

Three Rivers Health Center PH: (918) 781-6500
1001 S. 41st St. East Muskogee Ok 74403

Cooweescoowee Health Clinic PH: (918) 535-6000
395200 W. 2900 Rd Ochelata Ok 74051

Sam Hider Health Center PH: (918) 253-1700
859 E. Melton Dr. Jay Ok 74346

Will Rogers Health Center PH: (918) 273-7500
1020 Lenape Dr. Nowata Ok 74048

A-Mo Health Center PH: (918) 434-8500
900 N. Owen Walters Blvd. Salina Ok 74365

Redbird Smith Health Center PH: (918) 775-9159
301 S. J.T. Stites Blvd. Sallisaw Ok 74955
Toll Free: 888-797-9159

Wilma P. Mankiller Health Center PH: (918) 696-8800
HWY 51 East Stilwell Ok 74960
Toll Free: 877-747-8800

Vinita Health Center PH: (918) 256-4800
27371 S. 4410 Rd. Vinita, Ok 74301

Cherokee Nation W.W. Hastings Hospital PH: (918) 458-3100
100 S. Bliss Ave Tahlequah, Ok 74464
Toll Free: 877-838-3100

*Mail Order Pharmacy Application available online
Healthy Nation

Provides outreach services to schools and communities, including wellness activities, health fairs, smoking and tobacco cessation classes, The Cherokee Challenge, WINGS running club, community recreation center, summer youth fitness camps and other culturally appropriate education activities.

General Contact:
health@cherokee.org
918-453-5000 ext. 5657

Jack Brown Center

The Jack Brown Center is a twenty-bed co-educational facility providing treatment in a residential setting for chemically-dependent Indian adolescents. The program is intended to serve clients from 13 to 18 years of age who are experiencing serious substance abuse problems.

General Information: (918) 453-5500 or 877-448-0496

Application packet available on www.cherokee.org

Woman Infants and Children (WIC)

WIC is a federally-funded health and nutrition program for women, infants and children. The program is directed toward pregnant or nursing women, as well as infants and children less than five years of age.

WIC also provides nutrition education, breastfeeding support and referrals for healthcare and other community services. Participants must meet income guidelines. WIC serves women who are pregnant, postpartum, or breastfeeding; infants, and children under the age of 5. Within the Cherokee Nation WIC clinics are located inside the 14 county tribal jurisdictional boundaries providing services to more than 7,300 women, infants, and children each month. Contact your Cherokee Nation WIC Clinic in your community to set up an appointment or call 1-800-256-0671 or 918-453-5000 ext. 5589. Walk-ins are always welcome!

Oklahoma Breastfeeding Hotline 1-877-271-MILK (6455)

A 24-Hour Toll Free Breastfeeding Support Line for nursing mothers, their families, partners, prospective parents and health professionals. Cherokee Nation International Board Certified Lactation Consultants: 1-918-453-5591 or 1-918-207-6952
HOUSING AUTHORITY OF THE CHEROKEE NATION

About the Housing Authority:

The Housing Authority of the Cherokee Nation was created in 1966 to provide decent, safe, and sanitary housing within the Cherokee Nation. Today, nearly fifty years later, we continue that original mission and are dedicated to providing housing assistance through a number of programs. Nearly 6,000 families are assisted with housing through the HACN on a number of programs. As a sub-recipient of NAHASDA funding for the Cherokee Nation we administer low-income rental housing, rental assistance, college housing, and manage a number of homes previously constructed with federal housing funds.

Today, the HACN has renewed its commitment to providing new construction opportunities to Cherokee families. Through an innovative approach we offer a New Home Construction Program. This program uses funding outside of federal grant programs to provide housing. Preference is given to families that own their own land or has a family member that is willing to donate land for construction.

HACN staff is available to assist with completing an application in our offices throughout the Cherokee Nation. Staff may also be reached by phone at 918-456-5482 or toll free 800-837-2869.

College Housing Assistance

The College Housing Assistance Program will provide students with up to $1000.00 per semester for housing cost only.

Mortgage Assistance Program (MAP)

This program provides qualified Cherokee citizens with down payment and closing costs assistance in obtaining a mortgage to purchase or construct a home.

Community Shield Insurance

The Cherokee Nation's Community Shield Home Owner's Risk-Pool program provides basic coverage for the value of a dwelling and personal property.
**Rental Assistance Program**

This program is designed to provide Native Americans with decent, safe, and sanitary housing with Cherokee Nation jurisdictional boundaries. Income guidelines are 80% of National Median Income (NMI) or below. Once approved, families must find their own unit, unit must be approved and the landlord must be willing to enter into a contract.

**Low Income Rental Housing**

The program's purpose is to provide rental housing units for low-income households.

**New Home Construction**

The program is designed to provide a set payment option allowing the family to rent to own the home. Houses are based on a basic floor plan of a modest size.

---

**HUMAN SERVICES**

**About Human Services:**

*This division is focused on providing direct client case management that provides immediate services to assist children and families in the tribal community. By providing direct services it is the hope that it will lend to self-sufficiency in the tribal community.*

**John A. Ketcher Youth Center**

The mission of the Cherokee Nation’s John A. Ketcher Youth Center is to strengthen the wellness of children, youth and families through prevention and redirecting those who have gotten off track. The emergency youth shelter is a short-term residential option for runaways, homeless, abused, neglected, and other youth facing family conflicts and other crisis situations. All services at the John A. Ketcher Youth Center are free of charge and to open to everyone regardless of race.

General Contact:
918-458-4440
Toll Free: 877-696-8890 (Oklahoma Only)
Child Care Programs

Offer a variety of different services for parents seeking child care and developmental resource services.

Child Care Subsidies

Provide financial assistance to eligible Indian families. Cherokee Nation can pay part of the cost of child care and assist parents in finding and enrolling their children in an appropriate child care program of their choice.

Child Development Centers

The Cherokee Nation is committed to providing quality child care for children and families. Cherokee Nation provides outstanding centers in Stilwell and Tahlequah. For more information about services or enrollment contact:

Tahlequah Child Development Center
918-453-5070

Stilwell Child Development Center
918-696-3222

*Also see Early Childhood Unit under Education

Child Care Resource Center

The Child Care Resource Center is a community service organization that works with parents, child care providers, businesses and community organizations to promote the availability of quality child care services in the area. The Child Care Resource Center provides referrals ONLY.

The center does not endorse or recommend any specific child care home or service provider.

The Child Care Resource Center can provide child care referrals by calling 1-888-4586230 Monday-Friday 8:00 a.m. to 5:00 p.m. Voice mail is available after hours and your call will be returned the following business day.

Questions can also be emailed to ccrc@cherokee.org
**Cherokee Connections**

Cherokee Connections is a way to help support and develop those close family member caregiver relationships, focusing on relatives who are caregivers for children by providing home visits with educational resources.

**Positive and Rewarding Educational, Nurturing Tribal Services (PARENTS):**

PARENTS is a volunteer based family program that will teach stress reducing tactics and provide parenting enhancement in the comfort of your own home for children ages 0-5. This program is open to all families within the 14-county jurisdiction, who do not have an open DHS or ICW court case.

Parents can pick the day and time of their weekly home visit. The program will last 18-22 weeks and parents will receive incentives throughout the program for participating and reaching family established goals.

Parents will be equipped with a resource kit which will identify services that are available in their community as well as items such as first aid kits, thermometers, safety latches and age appropriate children’s books.

*For more information call: 918-453-5000 ext. 5078 or email amy-thilges@cherokee.org*

---

**FAMILY SERVICES**

**General Assistance**

This program is a financial assistance service for eligible Indian families to address essential living needs. Assistance is based on welfare payment standards and is considered a secondary resource to the Department of Human Services TANF program and Social Security SSI program.

Families who are eligible for TANF and SSI are required by federal regulations to apply and comply with their guidelines and requirements.

Family Assistance also offers Burial assistance and LIHEAP services to eligible households. Please contact Family Assistance for more information.

When families are not eligible for the General Assistance program or any other program within Family Assistance, then they are referred to other agencies. Referrals may be made to other agencies by sending a referral form to the other agency on behalf of the family. *NOTE: You cannot receive General Assistance from Cherokee nation if you are receiving assistance from another tribe.*
Tribal Emergency Assistance

The program was designed and approved by the tribal council to assist families in the time of imminent need. Imminent need is defined as basic needs of an individual or family that if not addressed immediately within 24-48 hours or less may result in hunger, loss of shelter, medical peril, job loss or family breakdown.

Emergency Housing Assistance

The program’s primary focus is keeping families safe and in secure housing. Assistance is always made to the landlord or mortgage facility and in some cases utility companies. This assistance is a onetime payment to the vendor and payment is based on the family’s need and their ability to remain self-sufficient. The family’s income cannot exceed the current HUD income guidelines and the family must have sufficient income to maintain their housing. A family can only receive service in this category once in a three year period of time.

PRIORITY IS GIVEN TO ASSIST THOSE THAT ARE:

- Currently living in shelters
- Homeless families or individuals living on the streets or in cars
- Recent disasters such as burnouts, total loss of a home due to flood, fire or tornado.
- Elderly persons
- Cherokee Nation Indian Child Welfare cases
- Families residing in over-crowded conditions
- Families living in Cherokee Nation or state-subsidized housing and are at risk of becoming homeless.

School Clothing Voucher Program

The Cherokee Nation Clothing Voucher Program is funded through the Tribal Council. The overall goal of this program is to assist families with back to school expenses by providing financial assistance for school clothes for those attending public or private school. Applications are usually taken during the summer months.

Eligibility Requirements:

- Open to students enrolled in Kindergarten through 12th grade in a public/private school or a Cherokee Nation operated school.
- Student must be 5 years old by September 1.
- Must reside within the Cherokee Nation Tribal jurisdiction.
- Must be a Cherokee Nation tribal citizen at time of application.
- Must meet income eligibility guidelines.

General Contact: 918-453-5000 or 1-800-256-0671
Food Distribution

The Cherokee Nation Food Distribution Program is dedicated to distributing nutritious foods to eligible Tribal households residing within the jurisdictional boundaries of the Cherokee Nation and fall within USDA regulations. The amount of food a household is eligible to receive is determined by the number of household members that are certified to be income eligible for services. There are six actual food distribution stores throughout the fourteen county Cherokee Nation boundaries.

Food Distribution Sites

**Tahlequah (Administration Office)**  
**PH:** (918) 207-3920  
**Toll Free:** 1-800-865-4462  
*Creekside Complex Tahlequah, OK 74464*

**Collinsville**  
**PH:** (918) 371-4082  
*1101 N, 12th Collinsville, OK 74021*

**Jay**  
**PH:** (918) 253-8279  
*1501 Industrial Parkway Rd. Jay, OK 74346*

**Nowata**  
**PH:** (918) 273-0050  
*1018 Lenape Dr. Nowata, OK 74048*

**Salina**  
**PH:** (918) 434-8402  
*904 N. Owen Walters Blvd. Salina, OK 74365*

**Sallisaw**  
**PH:** (918) 775-1120  
*3400 W. Cherokee Sallisaw, OK 74955*

**Stilwell**  
**PH:** (918) 696-5171  
*HWY 59 South, Industrial Park Stilwell, OK 74960*

Child Support Services

Child Support Services is more than just the money – it’s about strengthening Cherokee relationships and families.

This is a free program which can assist you by providing DNA testing to establish paternity, completing services to establish a child support order; providing general location services, competing modifications of child support orders and monitoring and administering enforcement tools to ensure adherence to child support orders. The goal of the program is to establish, monitor and enforce child support orders so that there is regular consistent child support as that is ultimately in the best interest of the child.
Eligibility Requirements:

- A Cherokee Child under the age of majority, and whom is currently residing within the tribe’s jurisdictional service area.
- A Cherokee child under the age of majority is defined as a person under the age of eighteen (18) years old or a person under the age of twenty (20) years old who has not graduated from high school and is regularly attending public or private school to complete their high school education.
- Child Support Services can also assist Cherokee citizens outside of the Cherokee Nation jurisdictional service area, with limited enforcement activities.

For more information or to request an application, please contact:
Tahlequah Office: 918-453-5444
Toll free 1-866-247-5346 or via email at: Childsupport1@cherokee.org
Visit our website at: www.childsupport.cherokee.org

Cherokee First Program

Cherokee First is a resource located at the main CN complex for all Cherokee Nation citizens. They offer an array of information on Cherokee Nation. They also offer the Cherokee Community Leadership program to youth ages 10 to high school graduation in which applications start at the beginning of each fiscal year in October until all stipends are dispensed. This program offers financial stipends to youth if they are willing to contribute volunteer hours in approved areas. This same program extends this opportunity to anyone in vocational or college as well as adults 62 years of age and older. Please contact us at 918-453-5000 or human_services@cherokee.org.

INDIAN CHILD WELFARE

About Indian Child Welfare:

The division of Indian Child Welfare offers an array of protective services for children and families. The program will accept, investigate and record all reports of alleged abuse and neglect of Cherokee children and provides protection to Indian children directly on tribal trust land. Child Protective Services also works with the Department of Human Services to investigate the abuse or mistreatment of Cherokee children residing outside the Cherokee Nation. The primary responsibility of Child Protective Services is to assess the safety of the child and take the appropriate action to protect and promote the best interest of the child.
What is child abuse?

Child abuse is defined by law as harm or threatened harm to a child's health and welfare through acts or neglect by the child's parent(s), legal guardian or caretaker.

- Physical Abuse: non-accidental physical injury to a child under the age of 18.
- Physical Neglect: failure to provide a child under the age of 18 with basic needs such as food, clothing, shelter, medical care, educational opportunity, protection or supervision.
- Sexual Abuse: sexual exploitation of a child or adolescent for the gratification of the perpetrator or another person.
- Psychological Maltreatment: rejecting, terrorizing, isolating, exploiting, corrupting, and/or denying emotional responsiveness.

Who is required to report child abuse?
EVERY PERSON, whether private citizen or professional, with reasonable cause to believe that a child under 18 is being abused or is in danger of being abused, is required to report the suspicion of abuse by federal, tribal and state law.

When should someone report child abuse?

A report should be made when there is reasonable cause to believe that a child or adolescent has been abused or neglected or is in danger of being abused.

How should an abuse report be made? A report can be made to any county office of the Department of Human Services. Child abuse can also be reported 24 hours per day, seven days per week by calling the statewide child abuse hotline.

Statewide Child Abuse Hotline: 800-522-3511

You can also contact Cherokee Nation Indian Child Welfare Intake at 918-458-6900.

What information is needed when reporting abuse?

- Name of the child and family members
- Approximate age of the child (required) and family members Gender of the child and family members
- Family address or directions to the child's home or current location (required)
- Family phone number
- Parents place of employment
- Description of suspected abuse (required)
- Current condition of the child (required)

Those reporting child abuse can remain anonymous.
Court Advocacy and Permanency Services

Provide court advocacy in the tribal and state systems for children and families. This advocacy is to help ensure that Cherokee children and families get the protections offered under the Federal Indian Child Welfare Act.

- Guardianships and Adoptions: This unit is involved in civil guardianships and adoptions of Cherokee children in all state and tribal judicial courts across the United States. The unit assists court parties in the compliance of the Indian Child Welfare Act. For more information on adoption services, email adoption@cherokee.org.
- Guardianships: This unit monitors and reserves the right to intervene in guardianship cases involving Cherokee children whom are registered members of the Cherokee Nation.
- Private Adoptions: The unit works with private adoption agencies, attorneys and all other petitioners in an effort to assist them with compliance of the Indian Child Welfare Act.
- Birth Parents: This unit provides a variety of services for birth parents who wish to voluntarily place their child for adoption as well as other services they may require. If you are a birth parent wishing to voluntarily place your child for adoption, you may confidentially contact Cherokee Nation Indian Child Welfare by calling 918-458-6900 or emailing adoption@cherokee.org.

Becoming a Placement Resource Home

Cherokee Nation welcomes a variety of Indian families from all over the U.S who are willing to be a resource for our Cherokee children & other Native American children. Cherokee Nation ICW actively recruits families of ALL degrees of Indian blood from ALL federally recognized tribes. A family willing to open their home to Cherokee children in need of temporary or permanent care may apply to become a certified “Placement Resource home” with Cherokee Nation.

To learn more information or make an application Contact ICW

Foster care and Adoptive Home Certifications

Cherokee Nation Indian Child Welfare accepts inquiries for families who want to become a certified foster or adoptive home for children who may be involved in the Court systems throughout the United States. The criteria includes being able to love, respect, nurture, protect and parent a child, being at least 21 years of age, a member of a federally recognized tribe, in good health, and able to provide adequately for a child’s day to day needs. If you are interested, please email them at homes4kids@cherokee.org or visit their website at www.cherokeekids.org or their Facebook page: www.facebook.com/homesforcherokeekids.
Cherokee Nation Angel Tree

The Cherokee Nation Angel Tree which is facilitated by the Indian Child Welfare division was established to help provide Christmas gifts to low income Native American children, living within the Cherokee Nation’s boundaries. Applications are accepted each fall usually during the month of October and November. Angels are distributed to several trees located at Cherokee Nation offices.

Parents applying for Angel Tree assistance must provide:

- Proof of income for all household members over the age of 18
- If a parent(s) is unemployed, please provide two letters from non-relatives verifying unemployed status
- A CDIB card for each child applying
- Proof of residence within the 14 county jurisdictional boundary of the Cherokee Nation
- Clothing sizes for each child
- Two gift ideas for each child

General Contact: 918-458-6900
Please check website or Cherokee Nation Facebook page to determine application dates

JUDICIAL BRANCH

Cherokee Nation Tribal Courts are open to every person or entity within the 14 county jurisdiction of the Cherokee Nation in northeastern Oklahoma. The District Court handles matters in the civil, criminal, and juvenile realms, while the Supreme Court hears cases of appeals and other jurisdiction as may be conferred by statute.

If a citizen wants to request a hearing to determine visitation or custody matters, please contact the Court clerk at the Cherokee Nation court house.

Cherokee Nation Judicial Branch
101 S. Muskogee Ave. Tahlequah, OK 74465
(918)458-9440 fax (918)458-9572
MARSHAL SERVICES

The Cherokee Nation Marshal Service is a full-fledged, certified law enforcement agency with jurisdiction throughout the Cherokee Nation. The agency offers array of special teams focusing on prevention and justice in matters concerning criminal activities.

The Marshal Service provides an array of special emphasis units including:

- D.A.R.E.
- Dive Team
- Marshal Swift Water Rescue
- K-9
- Domestic Violence Presentations
- Methamphetamine Presentations
- Narcotics Unit
- Gang Awareness
- Vehicle Accident Investigation
- Special Operations Team

General Contact:
marshal-service@cherokee.org
918-207-3800 (non-emergency only)
For emergencies call 911

REAL ESTATE SERVICES

Real Estate Services is responsible for administering the laws, regulations, policies and procedures protecting and managing restricted and trust lands of individual Indians within the 14-county jurisdictional area of Cherokee Nation as well as tribal-owned real estate property. Real Estate Services provides advice and technical assistance to Cherokee Nation departments, Native American landowners and the public in general for the benefit of these properties, all under a self-governance compact with the Secretary of Interior. Real Estate Services can also assist tribal citizens with writing their Last Will and Testament.

General Contact: 918-453-5000
TAX COMMISSION

The Cherokee Nation can register your motor vehicle and license your personal watercraft. In order to process your application you will need a title, serial number verification, bill of sale, driver's license, tribal citizenship card, proof of residency, lien information and a completed application.

**Tablequah Office**
120 E. Balentine Rd. Tahlequah, Ok 74464
*PH: (918)453-5100*

**Sallisaw Office**
100 E. Choctaw Sallisaw, Ok 74955
*Contact Tablequah Office*

**Adair Office**
215 W. Main Adair, Ok 74330
*Contact Tablequah Office*

**Collinsville Office**
107 E. Main Collinsville, Ok 74021
*Contact Tablequah Office*

**Jay Office**
1178 W. Cherokee Jay, Ok 74346
*Contact Tablequah Office*

**Catoosa Office**
16200 E. Skelly Dr. Tulsa, Ok 74116
*Contact Tablequah Office*

For Quotes Call (918) 453-5100 or Email: tags@cherokee.org

Hunting and Fishing

Must be a Cherokee Nation citizen who is a resident of the State of Oklahoma and 16 years old or older may receive a compact license if he or she is otherwise eligible to hold a license. The compact license is not only valid for hunting & fishing but it also gives the license holder permission to use popular hiking trails located on lands owned by the Oklahoma Department of Wildlife Conservation. Even if you don’t use your license at all, the Oklahoma Department of Wildlife Conservation will benefit by conservation and protection of wildlife habitats throughout the State.

For more information contact Hunting & Fishing: (918) 453-5333 or (844) 259-4868
TRANSPORTATION SERVICES

Purpose:
Is to provide safe, reliable, and low cost transportation for Native Americans to employment, healthcare, places of higher learning, and other vital areas.

Fixed-Route Schedules

The Cherokee Nation Transit program includes the following fixed-routes. These routes are open to the public for anyone needing transportation to the specified locations within the established timeframes. Fares are $1.00 round-trip or 50 cents one way with free Fridays.

**Ki Bois Area Transit System (KATS):**

<table>
<thead>
<tr>
<th>Route</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stilwell to Tablequah</td>
<td></td>
</tr>
<tr>
<td>Stilwell to West Siloam Springs</td>
<td></td>
</tr>
<tr>
<td>Sallisaw to Tablequah</td>
<td></td>
</tr>
<tr>
<td>Tahlequah to Claremore</td>
<td></td>
</tr>
<tr>
<td>Tahlequah to Catoosa</td>
<td></td>
</tr>
</tbody>
</table>

**Pelivan Transit System:**

<table>
<thead>
<tr>
<th>Route</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pryor to Catoosa</td>
<td></td>
</tr>
<tr>
<td>Salina to Tahlequah</td>
<td></td>
</tr>
<tr>
<td>Jay to Tahlequah</td>
<td></td>
</tr>
<tr>
<td>Tahlequah to Catoosa</td>
<td></td>
</tr>
</tbody>
</table>

**Muskogee County Transit:**

<table>
<thead>
<tr>
<th>Route</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Muskogee to Tablequah</td>
<td></td>
</tr>
</tbody>
</table>

**Demand Response**

This service is for Native Americans who are unable to utilize the fixed routes and do not qualify for New Freedom, Sooner Ride, or Temporary Assistance for Needy Families (TANF) assistance.

The cost is 50 cents each way to each individual destination. Destinations that qualify for Demand Response rides are: places of employment, governmental facilities, healthcare facilities, or financial institutions and grocery stores nearest to your pickup location.

Riders are responsible for coordinating the pickup and drop off times with the transit provider in their area.
All potential riders must provide a minimum of 72 hours (3 days) advance notice for scheduling purposes. Riders must provide proof of Indian blood (tribal membership or Certified Degree of Indian Blood (CDIB)) upon pickup. Tribal employees that are not Native American can use this service for employment purposes only and must present their employee identification card/badge upon boarding.

Below is a telephone listing for Cherokee Nation’s transit providers and the counties/areas they serve.

**KATS**

- Adair County: (918) 696-4787
- Sequoyah County: (918) 775-4733
- Cherokee County: (918) 453-1155
- Wagoner County: (918) 483-0050
- McIntosh County: (918) 689-1020

**Pelivan Transit**

- Craig Co.: (800) 282-2014
- Ottawa Co.: (918) 542-1356
- Delaware Co.: (918) 786-7516
- Rogers Co.: (918) 341-7300
- Mayes Co.: (800) 282-2014
- North Tulsa County: (918) 272-6700
- Nowata Co.: (800) 282-2014
- City of Tulsa: Not Under Contact
REGISTRATION - CDIB/TRIBAL CITIZENSHIP

To be eligible for a Certificate of Degree of Indian Blood or Tribal Citizenship with the Cherokee Nation, you must be able to provide documents that connect you to an enrolled lineal ancestor, who is listed on the Dawes Rolls: These Rolls were taken between 1899-1906 of Citizens and Freedmen residing in Indian Territory (now NE Oklahoma).

CDIB and Tribal Citizenship are issued through the biological parents. In adoption cases, CDIB and Tribal Citizenship must be proven through the natural parent to the enrolled ancestor. A copy of the Final Decree of Adoption (will list the Natural Indian parent) and an amended State Certified Birth Record (will list the adopting parents) must accompany the application. All information will remain confidential.

Want a Photo ID? All you need is your driver’s license or an ID. Call the registration department and they would be glad to assist you.

*General Contact: 918-458-6980 or 1-800-256-0671 you can also email the registration department at: registration@cherokee.org

Need assistance with research?
The Cherokee Nation Heritage Center also has a genealogist available to assist people in researching their Cherokee ancestry for a fee. You can contact them at (918) 456-6007 or by visiting their website at www.cherokeeritage.org

You can access the “DAWES ROLLS” at
www.accesgenealogy.com or www.okhistory.org/research/dawes

If you are tracing to an ancestor that came from around Tennessee, Georgia, Eastern Alabama or South Carolina, you may want to correspond with:

The Eastern Band of Cherokee Indians Qualla Boundary
PO BOX 445
Cherokee NC 28719
828-497-4771
www.ebci.com
The Charles L. Head O.N.E. F.I.R.E. Against Violence Victim Services Office provides services to increase the safety for victims of crime. O.N.E. F.I.R.E. stands for Our Nation Ending Fear, Intimidation, Rape, and Endangerment. They will provide victim advocacy services for those who may need emergency assistance from family violence situations.

The One Fire program advocates will assist with referrals for domestic violence shelters, Legal help, counseling, support groups. In addition they will assist with accompanying the victim to court proceedings, assisting them with competing police reports and assists in explaining court procedures. They will work toward identifying any necessary services for you and your children.

Cherokee Nation ONE FIRE Victim Services
17725 South Muskogee Ave.
Tahlequah, OK 74464
Main Office (918) 772-4260
After-hours Emergency Hotline: 1-866-458-5399

Domestic Violence Shelters
Domestic violence shelters generally have room for both mothers and their children. The shelter will provide for all your basic living needs, including food and childcare. The length of time you can stay at the shelter is limited, but most shelters will also help you find a permanent home, job, and other things you need to start a new life. The shelter should also be able to refer you to other services for abused and battered women in your community which include the following:

- Legal Help
- Counseling
- Support Groups
- Services for your children
- Employment Programs
- Health-Related Services
- Educational Opportunities
- Financial Assistance

Cherokee Nation does not currently have a women’s shelter, however, there are shelters that are within the 14-county jurisdiction that we work with.
OKDHS

Adult Abuse

Oklahoma Adult Protective Services 1 (800)522-3511
Oklahoma Nursing Home Hotline 1 (800)747-8419
Family Support & Prevention Service 405-271-7611

Child Abuse and Neglect

Cherokee County (Help in Crisis Center) PH: (918)456-0673
205 N. College Tahlequah, Ok 74464

OKDHS Abuse and Neglect Hotline PH: 1 (800)522-3511

Department of Health www.ok.gov/health

Adair County PH: (918)696-7292
600 W. Hickory Stilwell, Ok 74960

Cherokee County PH: (918)456-8826
912 S. College Tahlequah, Ok 74464

Craig County PH: (918)256-7531
115 East Delaware Vinita, Ok 74301

Delaware County PH: (918)253-4511
432 S. 9th Street Jay, Ok 74346

Mayes County PH: (918)825-4224
111 Northeast First Pryor, Ok 74361

McIntosh County PH: (918)689-7774
29 Hospital Road Eufaula, Ok 74432

Muskogee County PH: (918)683-0321
530 South 34th Street Muskogee, Ok 74401

Nowata County PH: (918)341-3166
2664 N. Highway 88, Unit A Claremore, Ok 74017
Ottawa County

PH: (918)540-2481
1930 North Elm Miami, Ok 74354

Rogers County

PH: (918)341-3166
2664 N. Highway 88, Unit A Claremore, Ok 74017

Sequoyah County

PH: (918)775-6201
612 N. Oak Sallisaw, Ok 74955

Tulsa County

PH: (918)595-4400
5051 S. 129th East Avenue Tulsa, Ok 74133

Wagoner County

PH: (918)485-3022
212 North Pierce Wagoner, Ok 74467

Washington County

PH: (918)335-3005
5121 S.E. Jacquelyn Lane Bartlesville, Ok 74006

Department of Human Services

Adair County

PH: (918)797-2900
83346 S 4700 Rd (Section Line Rd) Stilwell, Ok 74960
Toll Free: 1-800-225-0049

Cherokee County

PH: (918)207-4500
1298 W. Fourth St. Tahlequah, Ok 74464
Toll Free: 1-800-225-9868

Craig County

PH: (918)713-5000
310 N. Wilson Vinita, Ok 74301
Toll Free: 1-800-572-6844

Delaware County

PH: (918)435-3001
438 S. 9th St. Jay, Ok 74346
Toll Free: 1-800-433-6772

Mayes County

PH: (918)824-4900
501 S. Elliott Pryor, Ok 74361
Toll Free: 1-800-815-7572

McIntosh County

PH: (918)689-1200
25 Hospital Rd. Eufaula, Ok 74432
Toll Free: 1-800-219-3238

Muskogee County

PH: (918)684-5300
727 S. 32nd Muskogee, Ok 74403
Toll Free: 1-800-815-7573

Nowata County

PH: (918)273-2327
309 Delaware Nowata, Ok 74048
Toll Free: 1-800-815-7574

Ottawa County

PH: (918)541-2400
2114 Denver Harnar Dr. Miami, Ok 74354
Rogers County
2020 Holly Rd. Claremore, Ok 74017
PH: (918)283-8300
Toll Free: 1-800-270-0804

Sequoyah County
502 George Glenn Blvd. Sallisaw, Ok 74955-7062
PH: (918)776-8000
Toll Free: 1-800-270-0805

Tulsa County
3666 N. Peoria Tulsa, Ok 74106
PH: (918)430-2300
Toll Free: 1-800-734-7509
444 S. Houston Tulsa, Ok 74127
PH: (918)581-2401
Toll Free: 1-800-734-7516

Wagoner County
102 N.E. Seventh St. Wagoner, Ok 74467
PH: (918)614-5000
Toll Free: 1-800-734-7518

Washington County
205 Jacquelyn Ln. Bartlesville, Ok 74006
PH: (918)338-5700
Toll Free: 1-800-734-7512

CHILD CARE

Contact your local DHS office on child care or visit the OKDHS website at: www.okdhs.org

CLOTHING

Golden Rule Thrift Shop
1305 Park Hill Rd Tahlequah Ok 74464
PH: (918)456-1623

Help-In-Crisis, Inc.
205 N. College Ave. Tahlequah, Ok 74464
PH: (918) 456-0673
Crisis Hotline: 1-800-300-5321

Kings Aid Station
706 Cherry Street Tahlequah, Ok 74464
PH: (918)458-0350

Vian Peace Center
208 Scheley Vian, Ok 74962
PH: (479)739-5351
PH: (918)773-8000

Catholic Charities
Bartlesville – Mary Martha Outreach
PH: (918)337-3703

Broken Arrow-Ministry of Compassion
PH: (918)872-1661

Muskogee Helping Center
PH: (918)681-6115

Sallisaw Helping Center
PH: (918)775-6111
ZOE Institute INC.  PH: (918)453-9778
Zoe Institute is an independent organization helping single mothers with a place to get food & clothing for themselves & their children. Since then Zoe Institute has become a multi-functioning agency that is equipped to provide both temporary relief and assistance in discovering long term solutions by connecting clients with resources and networking people to find the assistance that they need. For more information contact them at the number above.

COUNSELING - MENTAL HEALTH - SUBSTANCE ABUSE

National Suicide Prevention Hotline  Toll Free: 1 (800) 273-8255

Alcoholics Anonymous (AA)  Toll Free: (844)335-2408

Substance Abuse & Mental Health Services Administration 24/7  1-800-662-4357

Addiction Campuses  888-816-8415

CREOKS Mental Health

Bartlesville Clinic  PH: (918)336-0810
500 S. Johnstone, Ste. 102 Bartlesville, Ok 74003

Claremore Clinic  PH: (918)342-2080
24797 S. Hwy 66, Suite 5 Claremore, Ok 74019

Miami Clinic  PH: (918)542-6412
203 2nd Ave. SW Miami, Ok 74354

Muskogee Clinic  PH: (918)687-7064
433 W. Broadway Muskogee, Ok 74401

Sallisaw Clinic  PH: (918)775-5513
1108 N. Wheeler Sallisaw, Ok 74955

Stilwell Clinic  PH: (918)696-6212
716 S. 2nd St. Suite 103 Stilwell, Ok 74960

Tahlequah Clinic  PH: (918)207-0078
711 S. Muskogee Ave. Tahlequah, Ok 74464

Tulsa Clinic  PH: (918)382-7300
4103 S. Yale Ave, Ste. B Tulsa, Ok 74135

Vinita Clinic  PH: (918)256-9961
120 E. Illinois Ave Vinita, Ok 74301

Wagoner Clinic  PH: (918)485-0242
109 S. Harrill Ave Wagoner, Ok 74467
ParentPRO

ParentPro promotes Oklahoma families with young children by linking you with programs that best fit your family. Professionals help reduce the stress that comes with being a parent by modeling skills, providing information, and connecting to resources. The programs are designed to:

- Reduce parental stress
- Promote health
- Increase family communication
- Improve parent-child bonding
- Help manage child behavior
- Promote learning about your child’s development

For more information call 1-877-271-7611 or visit their website at www.parentpro.org

Improving Lives

Improving Lives Counseling Services is dedicated to helping people live better lives. We provide high quality counseling services in Tahlequah to adults, children, couples and families in a professional, non-judgmental, supportive and friendly environment. Counseling services including: marriage counseling, therapy services, family counseling, depression counseling, many other counseling & therapy services.

For more information you can contact them at: (918)506-4012.

OK Treatment Services, LLC. PH: (918)427-3344
109 W. Ray Fine Blvd Roland, Ok 74954

People, Inc.
Sallisaw Office PH: (918)775-7787
210 N JT Stites BLVD Sallisaw, Ok 74955 800-318-6866
Email: info@peopleinc.org

Tahlequah Office PH: (918)453-1217
Stilwell Office PH: (918)696-5536

Viewpoint Counseling Center PH: (918)790-2292
204 E. Choctaw Ave Sallisaw, Ok 74955

DISABILITIES

KI BOIS Community Action Disability Programs PH: (918)647-7264
www.kibois.org 800-832-2648

Social Security Administration PH: 800-772-1213
2401 W Shawnee St Muskogee, Ok 74401 www.ssa.gov
March of Dimes Birth Defects Foundation (MOD)  
(918)428-7100  
[www.marchofdimes.com](http://www.marchofdimes.com/ok)

Autism Center of Tulsa  
6585 S. Yale Ave., Suite 410 Tulsa, Ok 74136  
PH: (918)502-4823  
[www.autismtulsa.org](http://www.autismtulsa.org)

Multiple Sclerosis Society of America  
4604 E. 67th St. Bldg 7, Ste. 103 Tulsa, Ok 74136  
PH: (918)488-0882  
800-344-4867  
[www.oke.nationalmssociety.org](http://www.oke.nationalmssociety.org)

Muscular Dystrophy Association (MDA) National HQ  
3300 E. Sunrise Dr. Tucson, AZ 85718  
PH: 520-529-2000  
800-344-4863  
www.mdausa.org

National Easter Seal Society  
800-221-6827

Oklahoma Department of Rehabilitation Services  
3535 N.W 58th Street Suite 500 Oklahoma City, Ok 73112  
405-951-3400  
800-845-8476

Parkview School for the Blind  
3300 Gibson Muskogee, Ok 74403  
PH: (918)781-8200  
877-229-7136

Social Security Administration

Adair, Cherokee, Muskogee Counties  
2401 W. Shawnee St Muskogee, Ok 74401  
800-772-1213

Leflore, Haskell, Sequoyah Counties  
1306 Tarby Rd. Poteau, Ok 74953  
Toll Free: 1(877)405-7697

Nationwide  
(800)772-1213

**DOMESTIC VIOLENCE/SEXUAL ASSAULT SERVICES**

Crisis Center for Women (Sequoyah County)  
PH: 479-782-4956

Women Crisis Center Services  
(24 Hour) 918-647-4198  
Poteau, Ok  
Hotline (918)647-9800

Adair County  
P.O. Box 1211 Stilwell, Ok 74960  
PH: (918)696-6865  
TOLL FREE: 1 (800) 300-5321

Cherokee County  
205 N. College Tahlequah, Ok 74464  
PH: (918)456-0673  
TOLL FREE: 1 (800) 300-5321

Sequoyah County  
PH: (918) 775-3300
Crisis Line ..................................................... (877)810-5637
National Domestic Violence Hotline ........................................ TOLL FREE: 800-799-SAFE (7233) www.ndvh.org
Reach-Out Hotline ..................................................... 800-522-9054
(for mental health or substance abuse issues)
Safeline ............................................................... 800-522-7233
(for domestic violence)
Oklahoma Department of Mental Health & Substance Abuse .......... 405-522-3908
Safenet (Claremore) ................................................................ PH: (918)341-9400
Domestic Violence Intervention Services (DVIS) ......................... PH: (918)743-5763
*If you are in need of Protective Services Call: (918)967-3277 or (877)810-5637
National Human Trafficking Hotline ....................................... 1-888-373-7888
National Dating Abuse Hotline ............................................. 866-331-9474
National Sexual Assault Hotline ............................................. 800-656-4673

EDUCATION

Adair County Public Library .................................................. PH: (918) 696-7512
5 N. 6th St. Stilwell, Ok 74960

Cherokee County Public Library ............................................. PH: (918)456-2581
120 S College Ave Tahlequah, Ok 74464

Adult Learning Resource Center
Adair and Sequoyah County ................................................. PH: (918)776-0976
312 S. Walnut St. Sallisaw, Ok 74955

Tahlequah Adult Learning Center (Cherokee County) ............... PH: (918)453-1327

Indian Capitol Technology Center
Adair County .................................................................. PH: (918)696-3111
Cherokee County ................................................................ PH: (918)456-2594
McIntosh County ................................................................ Call Muskogee Campus
Muskogee County ................................................................ PH: (918)687-6383
Sequoyah County ................................................................ PH: (918)775-9119

KI BOIS Community Action Head Start .................................. PH: (918)431-1284
1404 S. Muskogee Tahlequah, Ok 74464
Serving Adair, Cherokee, McIntosh and Sequoyah Counties
### FOOD PANTRY

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adair County Resource Center, Inc.</td>
<td>(918)696-4470</td>
<td></td>
</tr>
<tr>
<td>CARE Food Pantry</td>
<td>(918)458-5338</td>
<td>220 N. Muskogee Tahlequah, OK 74464</td>
</tr>
<tr>
<td>Stilwell Food Pantry Acrc</td>
<td>(918)696-4470</td>
<td>110 S 2nd St Stilwell, Ok 74960</td>
</tr>
<tr>
<td>Hope Center Inc.</td>
<td>(918)723-4673</td>
<td>829 W. Elm Westville, Ok 74965</td>
</tr>
<tr>
<td>Muldrow 1st Assembly of God Food Pantry</td>
<td>(918)427-4091</td>
<td>200 W. Sequoyah Street Muldrow, OK 74948</td>
</tr>
<tr>
<td>Muldrow East Side F.W.B. Food Pantry</td>
<td>(918)427-5116</td>
<td>613 E. Sequoyah Muldrow, OK 74948</td>
</tr>
<tr>
<td>Vian Peace Center</td>
<td>(918)739-5351</td>
<td>202 Scheley Vian, Ok 74962</td>
</tr>
<tr>
<td>ZOE Institute INC.</td>
<td>(918)453-9778</td>
<td></td>
</tr>
</tbody>
</table>

### EMPLOYMENT

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workforce of Oklahoma</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adair County</td>
<td>(918) 696-6608</td>
<td>219 West Oak Stilwell, OK 74960</td>
</tr>
<tr>
<td>Cherokee County</td>
<td>(918)456-8846</td>
<td>1755 S. Muskogee Ave Tahlequah, Ok 74464</td>
</tr>
<tr>
<td>Sequoyah County</td>
<td>(918)775-5541</td>
<td>401 W. Houser Sallisaw OK 74955</td>
</tr>
<tr>
<td>Tulsa American Job Center</td>
<td>(918)224-9430</td>
<td>201 W 5th Street Suite 200 Tulsa, Ok 74103</td>
</tr>
</tbody>
</table>

### HEALTH

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Heart Association</td>
<td>(918)877-8359</td>
<td>2227 S. Skelly Drive Tulsa, Ok 74105</td>
</tr>
<tr>
<td></td>
<td>1-800-242-8721</td>
<td></td>
</tr>
</tbody>
</table>

Pg. 35
March for Babies
1-888-274-3711
To learn more information call the number above for visit the website at:
www.marchforbabies.org

Sallisaw Health & Wellness Center
1630 S Kerr Blvd Sallisaw, Ok 74955
PH: (918)790-2653

RX for Oklahoma
State Wide Number: 877-RX4-OKLA

Sooner Care Helpline
800-987-7767
(Hearing Impaired) 800-757-5979

SoonerRide
877-404-4500
Arranges for non-emergency transportation for members who have no other way to get to medical services. Available Monday - Saturday from 8am - 6pm.

Behavioral Health Helpline
800-652-2010

Sooner Care Nurse Advice Line
800-530-3002

Improving Lives
918-506-4012
308 E. Downing St Tahlequah, Ok 74464
Offers services for depression counseling, marriage counseling, therapy services, family counseling, and many other counseling and therapy services.

HEALTH CLINICS

Good Shepherd Health Clinic
2130 W. Okmulgee Muskogee, Ok 74401
PH: (918)683-8080

Hulbert Health Center
124 E. Main Hulbert, Ok 74441
PH: (918)772-2879

NEO Health Muskogee
1328 S. York St Muskogee, Ok 74403
PH: (918)683-0470

NEO Health Westville Family Medical Center
761 Buffington Westville, Ok 74965
PH: (918)723-3997

NEOHealth Women's Care Center
1500 E. Downing St. Suite 208 Tahlequah, OK 74464
PH: (918)456-2496
## HOSPITALS

<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>PH:</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Muskogee Community Hospital</td>
<td>(918)687-7777</td>
<td>2900 N. Main Street Muskogee, Ok 74401</td>
</tr>
<tr>
<td>Muskogee Regional Medical Center</td>
<td>(918)682-5501</td>
<td>300 Rockefeller Drive Muskogee, Ok 74401</td>
</tr>
<tr>
<td>Sequoyah Memorial Hospital</td>
<td>(918)774-1100</td>
<td>213 E. Redwood Sallisaw, Ok 74955</td>
</tr>
<tr>
<td>Stilwell Memorial Hospital</td>
<td>(918)696-3101</td>
<td>1401 W. Locust Stilwell, Ok 74960</td>
</tr>
<tr>
<td>Tahlequah City Hospital</td>
<td>(918)456-0641</td>
<td>1400 E. Downing Tahlequah, Ok 74464</td>
</tr>
<tr>
<td>VA Medical Center</td>
<td>(918)577-3000</td>
<td>1011 Honor Heights Drive Muskogee, Ok 74401</td>
</tr>
<tr>
<td>W.W. Hastings Indian Hospital</td>
<td>(918)458-3100</td>
<td>100 S. Bliss Ave Tahlequah, Ok 74464</td>
</tr>
</tbody>
</table>

## HOUSING

<table>
<thead>
<tr>
<th>Housing Authority</th>
<th>PH:</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stilwell Housing Authority</td>
<td>(918)696-2494</td>
<td>801 North 4th Street Stilwell, Ok 74960</td>
</tr>
<tr>
<td>Garden Walk of Stilwell</td>
<td>(918)696-3957</td>
<td></td>
</tr>
<tr>
<td>Garden Walk of Tahlequah</td>
<td>(918)456-0561</td>
<td></td>
</tr>
<tr>
<td>Ozark Ridge Affordable Housing</td>
<td>(918)453-2717</td>
<td></td>
</tr>
<tr>
<td>Muskogee Housing Authority</td>
<td>(918)910-5489</td>
<td></td>
</tr>
<tr>
<td>Tulsa Housing Authority Central Office</td>
<td>(918)582-0021</td>
<td></td>
</tr>
<tr>
<td>Oklahoma Housing, Finance Agency</td>
<td>(405-848-1144</td>
<td>100 N.W. 63rd Suite 200 Oklahoma City, Ok 73166</td>
</tr>
</tbody>
</table>
LEGAL SERVICES

**Legal Aid Services**

224 S. Muskogee Ave, Tahlequah, Ok 74464  
**PH:** (918)708-1150  
**Toll Free:** 1-888-534-5243

**Oklahoma Indian Legal Services**

4200 Perimeter Center Dr., Oklahoma City, Ok 73112  
**405-943-6457**  
**Toll Free:** 1-800-628-1497

Services all of Oklahoma

**Early Settlement Mediation**

In mediation, a neutral, third party helps those in conflict define issues, explore solutions and reach practical, workable, and mutually satisfactory agreements. Mediation seeks to prevent conflicts from escalating, saving everyone involved the time and expense of going to court.

Services offered are the following:
- Small Claims
- Child Permanency
- Divorce & Child Custody
- Consumer/Merchant
- Adult Guardianship
- Neighbors
- Parent/School
- Landlord/Tenant
- Real Estate
- Civil
- Family
- Community

**East Program**

601 North Grand Avenue (Dobbins Building #001) Tahlequah, Ok 74464  
**PH:** (918)444-3008

Serving Adair, Cherokee, Delaware, Mayes, Muskogee, Sequoyah, and Wagoner Counties

**Northeast Program**

401 South Dewey Suite 217, Bartlesville, Ok 74003  
**PH:** (918)338-8027

Serving Craig, Nowata, Osage, Ottawa, Rogers, and Washington counties

**Tulsa Program**

600 Civic Center Suite 108, Tulsa, Ok 74103  
**PH:** (918) 596-7786

Serving Tulsa Area and Parts of Osage and Wagoner Counties

LIBRARIES

**John F. Henderson, Public Library**

116 Williams Ave, Westville, Ok 74965  
**PH:** (918)723-5002

**Stilwell Public Library**

5 N. 6th Street, Stilwell, Ok 74960  
**PH:** (918)696-7512

**Hulbert Community Library**

210 North Broadway, Hulbert, Ok 74441  
**PH:** (918)772-3383

**Tahlequah Public Library**

120 South College, Tahlequah, Ok 74464  
**PH:** (918)456-2581
Tulsa City County Library PH: (918)549-7323
400 Civic Center Tulsa, Ok 74103

The Henry Zarrow Tulsa City – County Library PH: (918)549-7323
2224 W 51st Tulsa, Ok 74107

Stanley Tubbs Memorial Library PH: (918)775-4481
101 East Cherokee Ave Sallisaw, Ok 74955

SHELTERS

Gospel Rescue Mission Inc. PH: (918)682-3489
323 Callahan Muskogee, Ok 74403

Hope House of Cherokee County PH: (918)456-4673
1619 N. Vinita Ave. Tahlequah, OK 74464

John Ketcher Youth Shelter PH: (918)458-4440
21834 S. Jules Valdez Tahlequah, Ok 74464

TRANSPORTATION

KATS Transit
Serving Adair, Cherokee, Wagoner, Sequoyah, & McIntosh counties
●Toll Free Number – 1-800-289-7228

Serving Craig, Delaware, Mayes, Nowata, Ottawa, & Rogers counties
●Toll Free Number – 1-800-482-4594

SoonerRide Toll Free: 1 (877)404-4500

VOLUNTEER OPPORTUNITIES

American Red Cross PH: (918)456-8788
1051 E. 11th St. Tulsa, Ok 74128 Toll Free: 1-800-733-2767

CASA (Court Appointed Special Advocate for Kids) PH: (918)456-8788
304 W. Keetoowah St. Tahlequah, Ok 74464
YOUTH ACTIVITY CENTERS

Boys & Girls Club
Cherokee County PH: (918)456-6888
400 W. Morgan Tahlequah, Ok 74464

Sequoyah County PH: (918)775-4649
208 S Main St Sallisaw, Ok 74955

OTHER

Chickasaw Nation PH: (580)436-2603
520 E. Arlington Ada, Ok 74820

Choctaw Nation PH: (800)522-6170
1802 Chukka Hina Durant, Ok 74701

Creek Nation PH: (918)732-7600
HWY 75 & Loop 56 Okmulgee, Ok 74447

Seminole Nation of Oklahoma PH: (405)257-7282
Wewoka, Ok 74884

CALL 211
What is 211? 211 is highly trained specialists available 24/7 to help access the best local resources and services to address any need. Reach out to 211 to speak with a community resource specialist in your area who can help find you services and resources that are available to you locally and provide critical services that can improve – and save – lives. You will find help with:

- Supplemental Food and Nutrition Programs
- Shelter and Housing Options and utilities assistance
- Emergency Information and disaster relief
- Employment and Education Opportunities
- Services for veterans
- Health Care, Vaccination and Health Epidemic Information
- Addiction Prevention and Rehabilitation Programs
- Reentry Help for Ex-Offenders
- Support groups for individuals with mental illnesses or special needs
- A safe, confidential path out of physical and/or emotional domestic abuse

*211 is Completely Confidential*
 Cherokee Nation Office of Child Support Services has in good faith, made every effort to assure that the information in this publication is complete, current and accurate.


This publication has been created to help you connect with the resources in your community. The content provided in this publication is not exhaustive and is subject to change. While services listed in this publication may very well suit a particular client’s needs, other services not listed herein may be available in the community that might better meet an individual’s specific needs or serve them equally as well.

Ga Wado!